



Thanks to you, Ihisa, 12, prepares some of the beans the family received from Plan International.

You Didn't Forget SOUTH SUDAN

Twelve-year-old Ihisa hasn't heard from her parents in more than a year.

Her older brother and sister are now the family's main caregivers. They look after their younger twin brothers, too.

Thousands of children are heading households in South Sudan—especially in Torit County where Ihisa lives. Orphaned by civil war and economic collapse, they struggle daily to find food and stay safe. They cry together, console each other, and nurse one another through life-threatening illnesses.

Last spring, **we shared the story of Ben** who, like Ihisa, is among the many children bearing the brunt of the worst humanitarian crisis in decades. We told you about how Ben lives in the midst of a war zone, squeezing himself into a ball to hide

“**Everything changed when we received food from Plan.**”
— Ihisa, age 12

during the nights he spends on the street.

In response, **you opened your hearts and gave nearly \$36,000 to Plan's Where Needed Most Fund.** Now so many kids like Ihisa and Ben have hope for the future.

“Everything changed when we received food from Plan,” Ihisa says. “For the first time in so long, we have cooking oil, beans, sorghum, and real salt—enough to last a month. Thank you!”

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Your bold support is leveling the playing field for girls in El Salvador.

■ Citi Cares About Kids

How the Citi Foundation is supporting career development.

■ You're Turning Victims into Advocates!

A story of hope in Nepal.

Heroes like you are reaching 28,000 vulnerable households in South Sudan with critical support—like healthy food, safe water, and child protection services. And entire communities are receiving the drought-resistant seeds, farming equipment, and training they need to recover from famine.

Thank you again for showing the world that children in need will never be forgotten. ■

You are changing lives!



When you support the Champions of Change project, you are helping kids like Toñito (center) to challenge traditional gender roles and fight for equality.

A Recipe for Lasting Change

EL SALVADOR

When Mom's away, you don't eat.

That's the way it was in 11-year-old Toñito's house in El Salvador. Even if they got hungry, Toñito, his father, and his brother didn't cook. Instead, **they waited for Toñito's mother to return home to prepare a meal for them.**

Toñito was hungry one day, and he asked his father why he never cooked for them. This question surprised his father, because the answer was obvious: **He didn't cook because he was not a woman.**

There was a time when Toñito would have simply accepted this explanation, but those days were long gone. **Instead, thanks to you, Toñito participated in Plan's Champions of Change program, and he was prepared to take matters into his own hands.**

"I made him food, and he asked me why I was cooking," Toñito said. "I told him, 'because I'm hungry, and it

won't make me less of a man."

It's no coincidence that Toñito has begun to question traditional gender roles. After all, he is now a proud Champion of Change—a program supported by people like you!

In El Salvador, masculinity is usually associated with violence, creating an environment where fear of abuse is a

reality for girls and women. As a result, they are marginalized in society, perpetuating the cycle of poverty and gender discrimination.

But you're helping to end this inequality. **Through your support, the Champions of Change project helps girls and boys examine harmful traditions and uses the sport of soccer to empower them to challenge gender norms together.**

It's not enough for girls to speak out alone. They need male allies like Toñito, as well as support from their families and communities. That's why you're also helping the Champions of Change organize awareness activities that engage their classmates, teachers, parents, and community leaders.

This is just the beginning, but Toñito can already see his community changing.

"Girls teach boys, and boys teach girls," he says. "We are equal." ■



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givedifferently.org.

Thank you for making a difference!



Young people in Thailand are learning job skills, thanks to the Citi Foundation.

Just Like You, Citi Cares About Kids! THAILAND

A penny saved is a penny earned, right? You're already doing so much to help children and families around the world to generate their own income and support themselves. But did you know that one of your favorite brands is working with you?

For nearly a decade, Plan International USA and Citi Foundation have joined forces to prepare the workforce of tomorrow by ensuring young people are equipped with relevant technical and life skills and financial education. **The Citi School Banks Project (2010-2015) has already trained more than 10,000 young people to responsibly save and manage their money.**

Right now in Thailand, Plan and Citi Foundation are preparing youth in juvenile detention centers for life after their release.

Through the Career Development for Youth program, we have trained 700 young people (and counting!), providing them with job skills. ■

Learn more at:
planusa.org/citi-thailand



Your support means that girls like Sarita, 15 (left), and Sabina, 17 (right) in Nepal have the tools they need to advocate for girls like Sharmila.

You're Turning Victims Into Advocates NEPAL

Because of your efforts, girls like Sharmila* are now empowered—and joining the fight against trafficking.

She was only 16 when she was trafficked from Nepal to Dubai. She trusted her sister's girlfriend, who promised to help her find a job abroad. Sharmila just wanted to help her struggling family, but she ended up a trafficking victim instead, suffering unimaginable abuse.

Sadly, her story is common. **In Nepal, a girl or woman is trafficked every hour.** Traffickers prey on communities burdened with extreme poverty, illness, violence, or disaster—because those struggles are all-consuming. These predators infiltrate villages like Sharmila's in remote border areas—promising a way out with opportunities that are always too good to be true.

But, **because of Plan donors like you**, Sharmila returned home to Nepal and began to heal in a shelter



You're helping to give Sharmila back some hope for a better life!

supported by Plan. She has also dedicated herself to becoming a social worker, so she can pay your love forward and protect other children.

Thank you again for your compassion and incredible support of our world's most vulnerable children. ■

*Name has been changed to protect girl's identity.



You can **change** a life!

Give today with the enclosed form.

Fight **human trafficking** with Sharmila and:

- Protect a Girl** \$50
with education and support services
- Establish a Girls' Club** \$100
where girls can safely learn about their rights
- Rescue Trafficked Girls** \$1,490
supporting them with housing, job training, counseling, and more

Help **Champions of Change** like Toñito learn about gender equality through soccer with a:

- Soccer Uniform** \$50
- Soccer Ball** \$25
- Sports Bag** \$35
- First Aid Kit** \$25

Support children around the world, like Ben and Hisa in South Sudan (in any amount!) through the **Where Needed Most Fund**.

ALEX AND ANI



Because of caring people like you, the **ALEX AND ANI** pinecone bangle has already raised more than **\$100,000** for girls around the world!

Learn more at:
alexandani.com/charity-by-design/who-we-support

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