

ZIKA, DENGUE & CHIKUNGUNYA

**STOPPING THE SPREAD OF ZIKA:
STOP THE MOSQUITOES,
STOP THE SPREAD OF THE DISEASES**



PLAN IS WORKING WITH COMMUNITIES TO ENSURE CHILDREN, WOMEN, AND MEN:

USE INSECT REPELLENT AT ALL TIMES **GET RID OF MOSQUITO BREEDING SITES AND CONTAINERS WHERE WATER CAN ACCUMULATE**

USE MOSQUITO NETS WHEN SLEEPING **THOROUGHLY CLEAN AND COVER ALL WATER CONTAINERS**

SYMPTOMS INCLUDE: **FEVER** **HEADACHES, MUSCLE, AND JOINT PAIN**
RED EYES **RASH**



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CORPORATE SPONSOR SPOTLIGHT
EXXONMOBIL PAVING THE WAY TO ECONOMIC STABILITY FOR WOMEN

ExxonMobil and Plan believe that programs preparing women for sustainable livelihoods increase economic potential at both the local and national levels. In Africa, for instance, research shows that investing in women's education and leadership can expand agricultural yields by more than 20 percent, and increases in female labor participation translate to tangible growth in a country's real GDP.

ExxonMobil has been a proud sponsor of the Global Women in Management: Advancing Women's Economic Opportunities (GWIM) program for 10 years. The program brings together women from diverse countries to share, examine, and adapt best practices to build the next generation of women business leaders and entrepreneurs.

One participant's supervisor remarked how impactful the course was on her employee: "It was her first opportunity for exchange with other women leaders from different countries, and it gave her a chance to go more deeply into concepts

related to women's roles and leadership. She returned from the course surer of herself and with more personal strength. She felt recognized and valued."



**YOUR
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Christine leads her school's Hygiene Club.



AFRIpads AND BeGIRL HELP KEEP GIRLS IN SCHOOL

PERIODS ARE NO LONGER A PAIN

In many countries around the world, it's not uncommon for a girl to miss school once she reaches puberty – and it's not because she doesn't want to learn.

A lack of access to gender-friendly toilets, sanitary

products, and knowledge about menstruation keeps girls at home and isolated.

Plan's menstrual health management initiatives in Uganda and Ethiopia have improved knowledge, attitudes, and practices among girls and boys, and increased access to affordable, hygienic sanitary pads for more than 100,000

women. Plan's partnership with AFRIpads and BeGIRL provides cost-effective, reusable pads for the women, and selling the pads is also a source of income for many of the women who distribute the sanitary products within their communities.

Christine, 16, says, "There are less girls skipping class. And boys are changing..... They

are much more supportive. They know it's not something to be embarrassed about."

With your support, Christine is changing attitudes around menstruation. She knows girls should be confident every day of the year.

BETTER HEALTH, BETTER FUTURES

HEALTH CARE TRAINING DELIVERS LASTING RESULTS IN RURAL CHINA

In rural China, doctors often rely on local customs to treat childhood illnesses due to lack of proper medical training. With a generous gift from one of our donors, Plan is providing a training program to educate doctors and caregivers on proper treatments for common childhood illnesses such as diarrhea, malnutrition, and jaundice. After completing the program, many doctors have doubled their skills assessment test scores. Child mortality rates in the benefitting provinces have dropped by one-third, and the total number of children seen by doctors has increased overall.



A nurse holds newborn baby, Xiaoming.

THE RIPPLE EFFECT OF SPONSORSHIP

WHAT WATER MEANS TO VAI

Wide-eyed and intensely focused, Vai takes in every word as a local Plan staff member reads a letter from her sponsor. In her letter to her sponsor, Vai describes the various tasks she performs in her daily life and the lessons she is learning in school.

Each morning, Vai rises before the sun and climbs down the stairs of her one-room bamboo hut, in which she lives with her parents and siblings. Just outside the house she fetches some fresh water from the tap-operated supply to cook rice for her family for breakfast.

In school Vai is learning about hygiene – things like washing her hands properly before and after eating food; brushing her teeth; and washing her face.

Thanks to her sponsor, she has also been given materials to help her learn: pens, a school bag, and a water bottle that she can fill up before class. She's even learned a song about hygiene, which she loves so much she's written it out on a big piece of paper and stuck it up on her wall at home. She sings it in the morning with a beautiful and quiet voice that fills the room. The sun has finally risen, painting pink and purple streaks across the sky. Vai has washed and is ready for school.



"I always visit the toilet, wash my hands with soap, wash my clothes, take a bath, brush my teeth, wash my hair, clean my house, wash dishes, and keep the environment clean."

SPONSOR SPOTLIGHT

IMPACTING GENERATIONS THROUGH ENDOWED CHILD SPONSORSHIP



Benjamin and Barbara Rooks know what it means to have someone invest in your future. After Ben graduated from college, his first professional mentor, Marcia Radosevich, witnessed his potential and helped to launch his career.

Now, 30 years later, Ben and Barbara have made the decision to honor Marcia's impact on their lives in the best way they know how – by impacting the lives of others.

The Rooks established an endowed child sponsorship to honor Marcia. This endowment will fund the sponsorship of one girl in perpetuity, an investment that holds special significance to them as valued supporters of Plan's Because I am a Girl projects. Ben said, "[Marcia] has enjoyed significant professional success and, in reality, there's no way we can ever repay her for her huge impact on us; all we can do is pay it forward."

For more information on establishing a Plan Endowed Sponsorship, please contact us at 877-906-3567 or bequest@planusa.org