

SPRING 2019



You're part of
the fight against

GENDER INEQUALITY

How you changed
Mariska's life

PLUS:
Helene says *"thank you"*
& Amy B. answers more
of your questions!

YOUR IMPACT



Ask Amy B.

Amy Bickford, Senior Director of Donor Engagement & Loyalty at Plan, answers your questions about sponsorship, Gifts of Hope, or anything else you want to know.

*"Can I contact my sponsored child online?"
— Catherine, Providence, RI*

Hi Catherine,

Sending a letter online is a fast and easy way to connect with your sponsored child! **You can do this directly through the donor portal on our website.** The donor portal is also a convenient place to view sponsorship updates, change your billing information and contact details, and print your latest tax receipt.

If you haven't logged in to MyPlan yet, please visit planusa.org/myplan and click on the link to set up a username and password. We will forward your letter electronically to our program office, where it will be printed, translated, and hand delivered to your sponsored child.

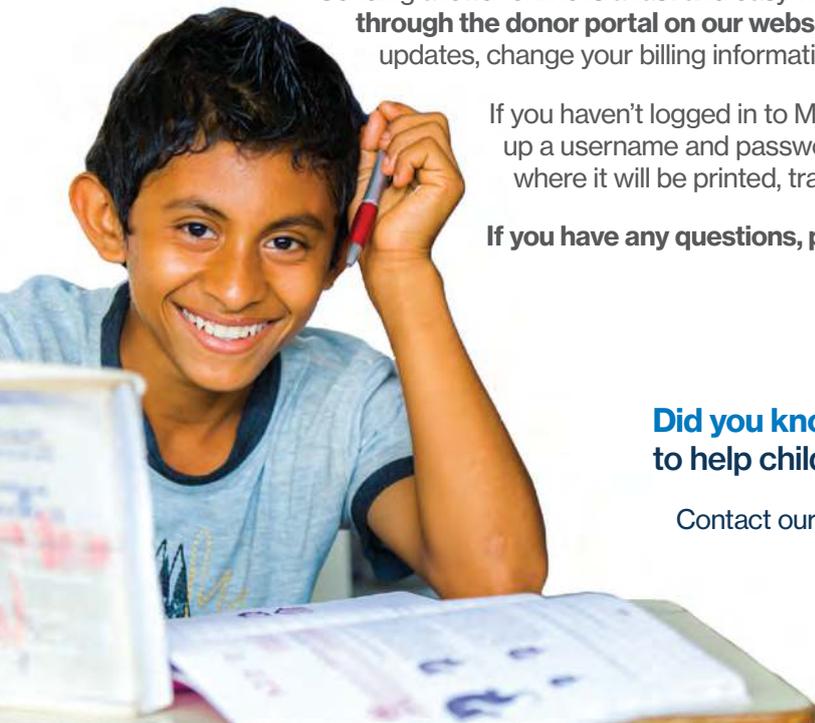
If you have any questions, please contact us at 800.556.7918 or donorrelations@planusa.org.

Thank you for all that you do!

Amy B.

Did you know you can use your donor-advised fund to help children through Plan? Ask us how!

Contact our friendly Donor Loyalty team at 800.556.7918 or email donorrelations@planusa.org.



How you changed Mariska's life.

Where Mariska lives, girls are not expected to become doctors.

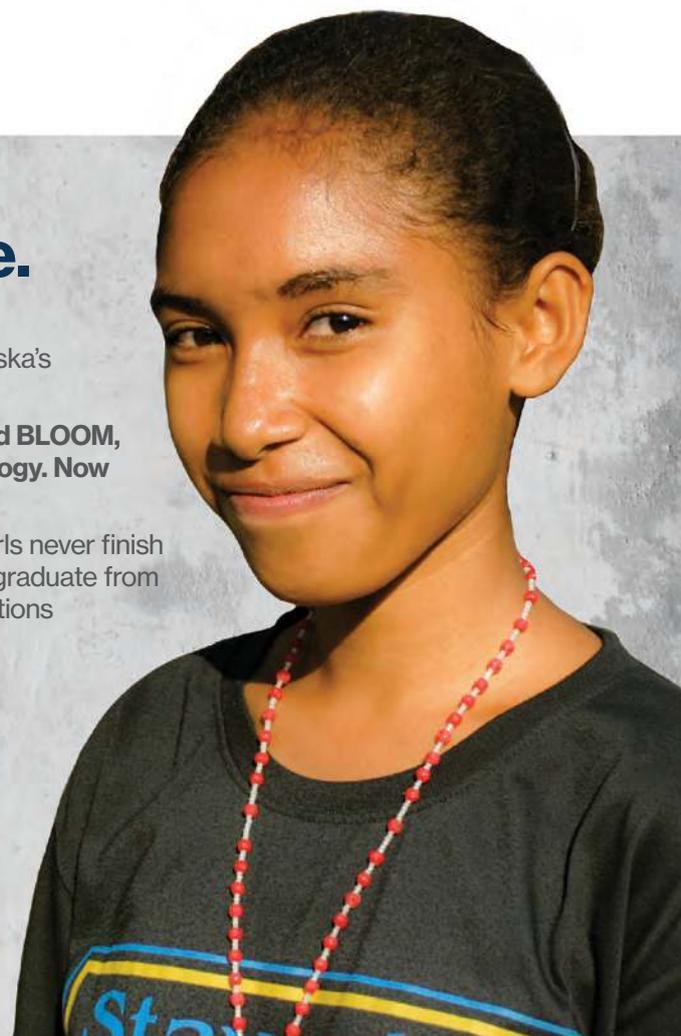
But, thanks to donors like you, Plan International's BLOOM program, and Mariska's incredible drive, her dream of helping people is more real than ever.

"Before I joined BLOOM, I wanted to become a nurse," she said. **"After I joined BLOOM, I learned a lot in the classes. Specifically, I learned about diseases and biology. Now I'm more interested in becoming a doctor."**

The road to achieving that goal won't be easy. More than half of Indonesian girls never finish secondary school, let alone go on to college. And on average, girls who don't graduate from high school are married by the time they turn 19. Once a girl is married, her options are limited.

But, you've helped Mariska forge a different path. She's learning about life skills, including sex education, financial literacy, and development of professional soft skills like time management, communication, and teamwork.

There is a wave of change happening for Mariska and her community, and donors like you are making it all possible. Thank you!



Helène says thank you!

Meet a young woman whose life you've helped change! Helène received a scholarship through the Promoting Equality and Safety in Schools project in Burkina Faso, which is made possible in part by your Gifts of Hope. Now, Helène is in 12th grade, and has big plans for the future. Check out what she had to say!

Q: How has this scholarship made a difference in your life?

A: It made it possible for me to escape the difficult situation many girls in Burkina Faso face. It makes me sad when I go back to my village and see other girls my age—most of them have dropped out of school and are married. I'm the only one who made it to 12th grade.

Q: What do you plan to do after graduation?

A: I want to study medicine abroad. I'd like to learn how other countries have tackled the problems that girls in Burkina Faso face.

Q: What is one of your biggest accomplishments?

A: Thanks to Plan, I participated in the 2018 African Union Youth Summit on child marriage in Ghana!

"I don't have the words to thank you. It has completely changed my life!"
- Helène



Girls fill the classroom at Helène's school



Did you know?

The rose is the national flower of Burkina Faso. The rose petal holds a lot of nutritional value, and they're an ingredient in many herbal medicines. Plus, they look beautiful!



Ingredients



- 2 ½ cups of self-rising flour
- ½ cup of butter
- ½ cup of sugar
- ¼ cup of pineapple (finely chopped)
- 1 egg (beaten)
- 2 tablespoons of milk
- Pinch of salt
- Cinnamon (optional)

Directions



1. Sift flour and salt into a mixing bowl.
2. Add butter and mix with your fingers.
3. Add sugar and pineapple.
4. Beat an egg yolk in a separate bowl and add to mixture.
5. Mix dough (add milk if dough is too stiff).
6. Knead dough lightly on a floured surface
7. Cut dough into 4-5 inch circles.
8. Fry on a lightly oiled griddle pan over medium low heat, until golden brown on both sides.
9. Cool on wire rack and sprinkle with cinnamon and sugar (optional).

Enjoy a little taste of Burkina Faso!

You can change a life!

Give today with the enclosed form.



Help girls in Indonesia like Mariska achieve their dreams:

Prepare a Girl for Work \$70
Train a Community Mentor \$230

Give a boy or girl like Helène in Burkina Faso the chance to go to school:

School Supplies for 1 Child \$18
Secondary School Scholarship for 1 Girl \$165

Support the fight against gender inequality:

Soccer Uniform for Champions of Change \$20
Establish a Girls' Club \$100

Support children around the world:

General gift to Plan in any amount, to help where needed most. \$Surprise Us!

Plan International USA
155 Plan Way • Warwick, RI 02886



You're part of the fight against gender inequality!

Can statistics improve the lives of girls and women around the world? You might be surprised to learn how Plan and our partners are using data to fight gender inequality.

In 2016, Plan and partners started Equal Measures 2030, a joint effort to connect data and evidence with advocacy and action supported by the Bill & Melinda Gates Foundation. **Together, we envision a world where gender equality is achieved, and every girl and woman counts and is counted.**

One of the partnership's most recent projects is the Sustainable Development Goals Gender Index. The Index compiles data on a wide range of issues that are crucial to the rights of girls and women. Armed with this information, gender advocates can more effectively tell a compelling story of global progress—and encourage people to keep fighting. You can learn more about Equal Measures 2030 at equalmeasures2030.org and access the data at data.em2030.org.

Together, we envision a world where gender equality is achieved, and every girl and woman counts and is counted.

